

Before installing this product, check the contents of the kit. If anything is missing, please contact an Öhlins dealer.

Kit Contents

	Part No	Pcs
Shock absorber	HO110014	1
Sticker Öhlins	00192-01	2
C-spanner	00710-01	1
Owner's manual	07241-02	1

👁 Note!

Please note that this image is a general representation of the product and may differ slightly from your product.

👁 Note!

Please note that during storage and transportation, especially at high ambient temperature, some of the oil and grease used for assembling may leak and stain the packaging. This is in no way detrimental to the product, wipe off the excessive oil/grease with a cloth.

⚠ Warning!

Before installing this product, read the Öhlins Owner's Manual. The shock absorber/front fork/steering damper is an important part of your vehicle and will affect the stability.

Shock Absorber for Honda CBR 250

HO110014

Mounting Instructions

MOUNTING INSTRUCTIONS

⚠ Warning!

It is advisable to have an Öhlins dealer install the shock absorber/front fork/steering damper.

⚠ Warning!

If working on a raised vehicle, ensure it is securely supported so that it will not tip.

👁 Note!

Before mounting this product clean the vehicle thoroughly.

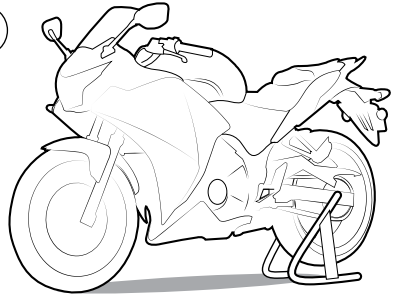
👁 Note!

When working on this product, always see the Vehicle Service Manual for vehicle specific procedures and important data.

1

Lean the vehicle toward left with side stand down and working stand support on opposite side, so that the suspension is unloaded and wheel barely touches ground. Need to ensure vehicle is stable.

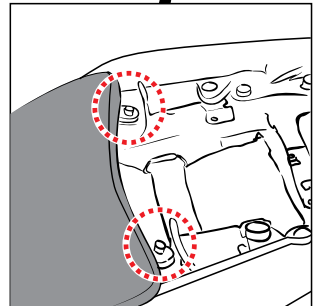
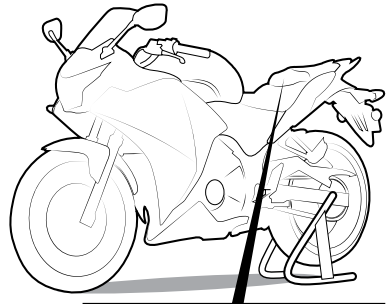
1



2

Open back storage, then remove seat by loosening two (2) bolts with 5 mm hex keys.

2

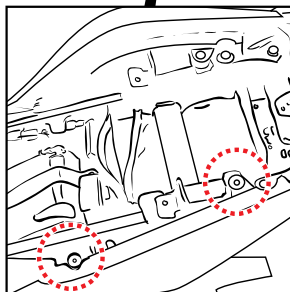
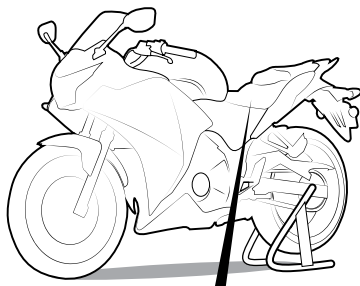


MOUNTING INSTRUCTIONS

3

Partially dismount rear side cover by loosening two (2) screws with phillips screw driver.

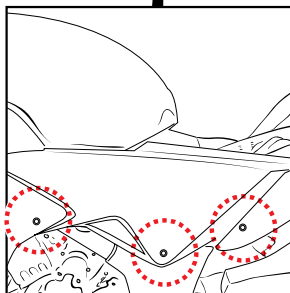
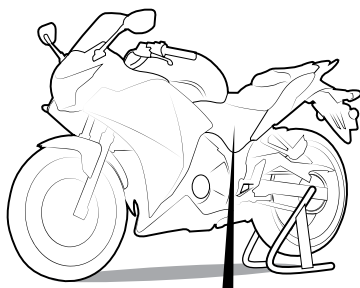
3



4

Partially dismount middle cover by loosening three (3) bolts with 5 mm hex keys.

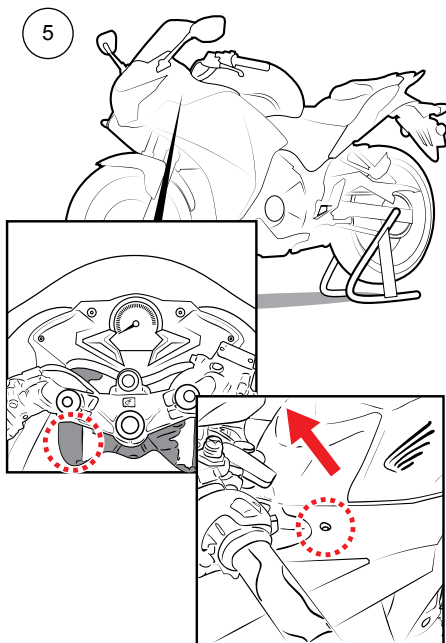
4



MOUNTING INSTRUCTIONS

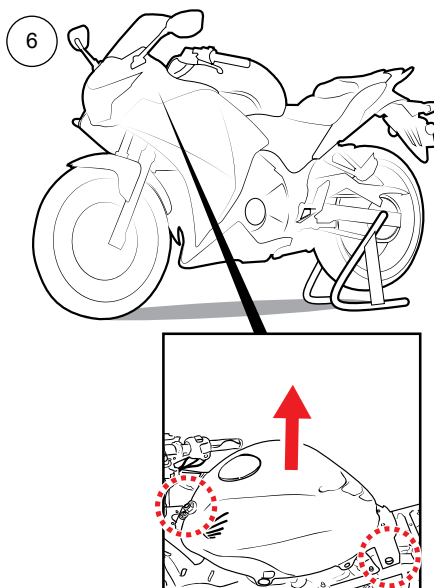
5

Remove LH/RH front upper cover by loosening one (1) plastic clip and one (1) bolt with 5 mm hex keys for each side, then take fuel tank cover off in order to see mounting point of fuel tank.



6

Loosen three (3) bolts with 10 mm and 12 mm socket with extension in order to partially move fuel tank upward a little bit.

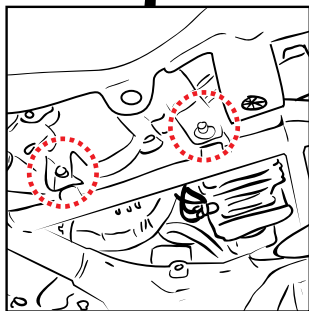
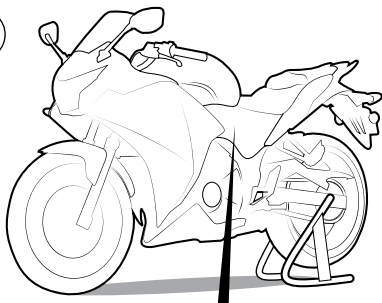


MOUNTING INSTRUCTIONS

7

Loosen four (4) bolts of airbox with 10 mm socket in order to have more space when remove upper shock absorber mounting point.

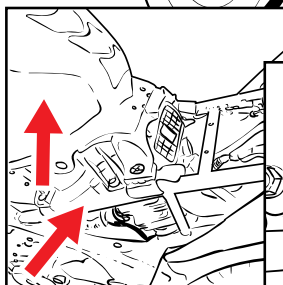
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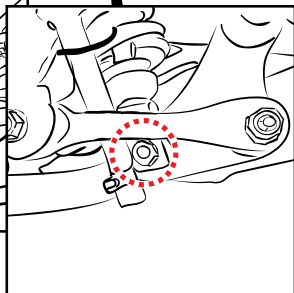
8

Remove lower mounting bolt by using 17 mm socket with extension and 17 mm spanner on the opposite side, then remove upper mounting with 19 mm spanner according instruction while slightly lifting airbox.

8



Slightly lift
the airbox

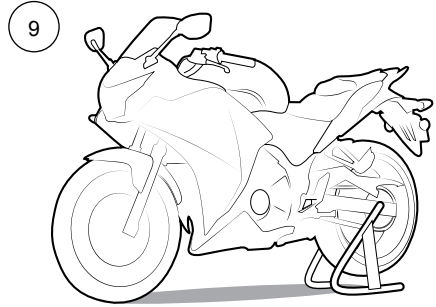


Insert spanner
in this direction

MOUNTING INSTRUCTIONS

9

Remove original absorber, then replace with Ohlins product and reverse all procedures above.



Note!

Lower the vehicle so that the suspension is slightly compressed before tightening the screws.

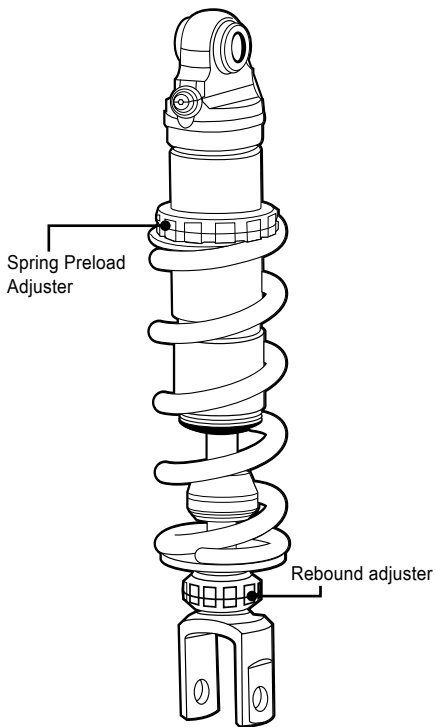
Caution!

Ensure that all screws are tightened to the correct torque and that nothing fouls or restricts movement of the shock absorber/front fork/steering damper when the suspension is fully compressed or extended.

ADJUSTMENTS

⚠ Warning!

Before riding, always make sure that the basic settings made by Öhlins are according to recommended Set-up Data. Read about adjustments and setting up in the Öhlins Owner's Manual before you make any adjustments. Contact an Öhlins dealer if you have any questions about setting up.



SET-UP DATA

Recommended set-up

Rebound 16 Clicks
Spring Preload 10 mm

Shock absorber data

Length 297 mm
Stroke 53 mm

Spring

Part No..... 60281-11
Free spring length 165 mm

👁 Öhlins products are subject to continuous improvement and development, therefore, although these instructions include the most up-to-date information available at the time of printing, minor updates may occur.

To find the latest information contact an Öhlins distributor. Please contact Öhlins if you have any questions regarding the contents in this document.

Part no. MI_HO110014_EN_2
Issued 2014-12-12



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